



# earl bistro

## breakfast menu





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AVAILABLE MONDAY - SATURDAY 7.00AM - 10.30AM  
SUNDAY AND BANK HOLIDAYS 8.00AM - 11.00AM



## CEREALS AND GRAINS

ALPEN (1A,1D,7,8) €2.75  
CORN FLAKES (1B) €2.75

RICE KRISPIES (1B) €2.75  
WEETABIX (1A,1D) €2.75

HOMEMADE PORRIDGE (1A,1D,7) €2.75

GLUTEN-FREE CEREAL IS AVAILABLE ON REQUEST. PLEASE ASK A MEMBER OF OUR FRIENDLY TEAM.



## YOGHURT AND FRUIT OPTIONS

CHOICE OF YOGHURTS (7,12) €2.00

BERRY COMPOTE, NATURAL YOGHURT & GRANOLA (1A,7,8,12) €2.75

FRUIT SALAD €2.75

GRAPEFRUIT €2.25

## JUICES

GLASS OF CRANBERRY JUICE €2.25

GLASS OF APPLE JUICE €2.25

GLASS OF ORANGE JUICE €2.25

## PASTRIES

SELECTION OF CROISSANTS AND DANISHES (1A,3,7) €3.25

## HOT BEVERAGES

BREAKFAST TEA €3.00

SELECTION OF HERBAL TEAS €3.75

FILTER COFFEE €3.00

AMERICANO €3.25

CAPPUCCINO/LATTE/FLAT WHITE/MOCHA (7) €3.75



PLEASE NOTE HOTEL RESIDENTS & GUESTS ON A BREAKFAST INCLUSIVE PACKAGE CAN AVAIL OF **ANY OF THE ABOVE** ITEMS ON **PAGE 1** AS WELL AS **ONE** OF THE HOT ITEMS LISTED ON **PAGE 2**. IF THERE IS SOMETHING NOT ON THE MENU YOU WOULD WISH TO BE SERVED, PLEASE DO NOT HESITATE TO ASK A MEMBER OF STAFF AND WE WILL MAKE EVERY EFFORT TO SUPPLY YOUR REQUEST.

## ALLERGENS:

1A=GLUTEN (WHEAT). 1B=GLUTEN (BARLEY). 1C=GLUTEN (RYE). 1D=GLUTEN (OATS). 2=CRUSTACEANS. 3=EGGS. 4=FISH. 5=PEANUTS. 6=SOYBEANS. 7=MILK. 8=NUTS. 9=CELERY. 10=MUSTARD. 11=SESAME SEEDS. 12=SULPHITES. 13=LUPIN. 14=MOLLUSCS.



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## **FULL IRISH BREAKFAST €13.50**

TWO BACON, TWO SAUSAGES, GRILLED TOMATO, BLACK & WHITE PUDDING, MUSHROOMS, BAKED BEANS, HASH BROWN, A CHOICE OF EGG (FRIED, SCRAMBLED OR POACHED), TOAST OR BROWN BREAD AND FRESHLY BREWED TEA OR FILTER COFFEE (1A,3,6,7,11,12)

## **MINI IRISH BREAKFAST €10.50**

ONE BACON, ONE SAUSAGE, ONE WHITE OR BLACK PUDDING, A CHOICE OF EGG (FRIED, SCRAMBLED OR POACHED), TOAST OR BROWN BREAD AND FRESHLY BREWED TEA OR FILTER COFFEE (1A,3,6,7,11,12)

## **SWEET MORNIN' PANCAKES €8.25**

THREE HOMEMADE PANCAKES WITH BROWN SUGAR, LEMON OR MAPLE SYRUP (1A,3,6,7,12)

## **CLASSIC FRENCH TOAST €8.50**

TWO SLICED TOAST OR 2 SLICED BRIOCHE WITH MAPLE SYRUP (1A,3,6,7)



## **CHEF'S OMELETTE OF THE DAY €11.25**

THREE EGG OMELETTE WITH BACON, MUSHROOMS, TOMATO & CHEESE (1A,3,6,7)

## **SCRAMBLED EGGS WITH SMOKED SALMON €11.95**

SERVED WITH BROWN SODA BREAD (1A,3,4,6,7)



## **SMASHED AVOCADO ON SOURDOUGH CIABATTA €12.50**

SERVED WITH CHERRY TOMATO, POACHED OR FRIED EGGS, TOASTED WALNUTS, COLD PRESS RAPESEED OIL (1A,3,6,7,9)



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## **The Lucan Spa Hotel**

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